



From Farm Road

48th DAA Schools' Agriculture and Nutrition Program Spring 2021 www.agfair.org

Located at:

1101 W. McKinley Avenue
Pomona, CA 91768

Mailing address:

PO Box 8370
La Verne, CA 91750-8370
909-865-4633
909-865-4644 fax
DAA48th@aol.com e-mail

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Mission

To increase the understanding, appreciation and participation of urban teachers and students in agriculture and nutrition through cooperative involvements of the California agricultural industry, educational institutions and community partners.

2021 Schools' Agriculture and Nutrition VIRTUAL Fair

Theme: Ag ~ Yesterday Today and Tomorrow

"We want to be the BEST part of your year!"

I would like to begin by thanking you for your support while facing the many challenges that COVID-19 has presented to teachers, parents and the educational system.

The 2021 Fair will be Virtual! Virtual Fair dates: June 21–25 Fair Theme "Ag ~ Yesterday Today and Tomorrow"

emphasizes the various technological advancements in Agriculture.

Online Entry is now available on the home page at www.agfair.org.

The Exhibitor Handbook and Instructions for Online Entry are also available at www.agfair.org.

Deadline for Virtual Fair entries: May 14, 2021. We will be updating information as needed. Please check your email or visit www.agfair.org.

We look forward to your participation in the 2021 Virtual Fair! Good luck!

CA Farm Day, Top 10 CA Commodities

In celebration of National Agriculture Week, CA Foundation for Ag in the Classroom presented *CA Farm Day*, a

YouTube presentation on the *Top 10 Commodities of California* that included an excellent workbook for teachers to share with their class. The workbook is aligned to California Content Standards for 3–6th grades, and they hope will help your students continue to LearnAboutAg! Click on YouTube link below to view the Top 10 Commodities presentation: <https://youtu.be/zi0dPjuY7To>.

This presentation/workbook on Commodities will give you fresh ideas for entering into the 2021 Virtual Fair!

We watched the Top 10 Commodities presentation and really enjoyed it!

Contact the 48th DAA office for a copy of the workbook to share with your students, 909-865-4633 or daa48th@aol.com. (Courtesy of CA Foundation for Ag in the Classroom)



The Healthy Eating TABLE – Dairy Council of CA. Courtesy of Tammy Anderson-Wise, CEO, Dairy Council of CA March is National Nutrition Month, making it the perfect time to share the release of two important Dairy Council of California publications:

The Healthy Eating TABLE and Trends Spring 2021. Developed by our Nutrition Science team, these publications help bridge research with trending issues to inform,

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empower and support thought leadership and education, as well as provide relevant and actionable findings for our stakeholder audiences.

The Healthy Eating TABLE is a scientific review that Translates, Amplifies + Bridges the Latest Evidence in nutrition and dairy science. Published annually, it is intended to spark dialogue and invite health professionals, educators and thought leaders to the table to find ways to elevate the health of children, families and communities through nutrition.

The field of nutrition science is still relatively young, and it is continuously evolving as our understanding of nutrition expands in response to new research and the needs of people. With rising rates of chronic disease and an ever-changing environment, nutrition science is shifting its focus to the health-promoting aspects of whole foods and the connection between diet quality and overall health, including disease risk. This is increasingly demonstrated as dietary recommendations embrace food-based guidance rather than focusing solely on individual nutrients.

The latest issue of The Healthy Eating TABLE further explores the importance of overall diet quality, providing evidence for why eating high-quality, nutrient-dense foods is the basis for healthy eating patterns throughout the life span. Topics include eating patterns at critical life stages, the role of milk and dairy foods in a healthy eating pattern, factors that influence food choices, and food insecurity and access.

Trends Spring 2021 is developed as part of Trends, a proprietary process that involves tracking, aggregating and elevating top nutrition trends. These important nutrition trends are provided to key stakeholders such as the dairy community, educators and health professionals and include ideas for action. This process also serves as a critical foundation of our strategic planning, providing us with

a unique lens to focus on efforts that maximize our intended impacts and inform how we engage and collaborate with our partners in education, health, school foodservice, policy and the dairy community. The newest issue of Trends addresses:

- Food-based dietary guidelines
- The connection between diet, inflammation, immune function and gut health
- The role of personal life experience in reducing barriers to health equity
- Shifts in consumer food purchasing and eating behaviors
- Sustainable nutrition as part of climate change mitigation efforts

In addition to helping inform our work in the coming months, these publications will be presented at a variety of events such as health conferences, meetings and presentations, and community forums, creating new opportunities to influence, build advocacy and thought leadership, and ignite a passion for dairy foods.

We invite you to read both publications and share them as evidence-based resources that demonstrate the important role milk and dairy foods play in healthy eating patterns, nourishing people and supporting health. Please let me know if you have questions, concerns or feedback about The Healthy Eating TABLE or Trends Spring 2021.

https://www.healthyeating.org/nutrition-topics/nutrition-science/the-healthy-eating-table/the-healthy-eating-table-march-2021?utm_campaign=elevated%20news_031521_het+trends&utm_source=CNTMRK&utm_medium=email&utm_content=HE%20Table

Contact the 48th DAA office for lessons and materials 909-865-4633 or daa48th@aol.com.

(Courtesy of Dairy Council of CA)

Join SCAN!

The Southern California Agriculture and Nutrition Foundation (SCAN) is a 501(c)3 public charity that has provided support to the State of California's 48th District Agricultural Association for over 30 years. Contact the 48th DAA if you are interested in serving on the SCAN board of directors.

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Water Education, Lessons for Life



Teachers! Unique field trip opportunities (virtual) are available for teachers and students within Metropolitan Water District of

Southern California's service area. The field trips correlate to various California Content Standards, including Common Core and Next Generation Science Standards; they are offered at no cost.

- Virtual Field Trip: Colorado River Aqueduct, Grades 4 – College
- Virtual Field Trip: State Water Project, Grades 4 – College
- Water Journeys: Regional Recycled Water Advanced Purification Center, Grades 4 – College

For information and to register, visit:

http://www.mwdh2o.com/DocSvcsPubs/Education_Site/outreach/field-trips.html

(Courtesy of Metropolitan Water District of Southern California)

School Garden Support Organization

Join the School Garden Support Organization for their best practices webinar series (virtual) that focus on bridging the gap between distance learning and your school garden. Upcoming webinar topics include Sustaining School Garden Programs, Finding and Sequencing High Quality Lessons and more!

Next Event Dates: April 7, April 14.

Visit <https://www.sgsonetwork.org/webinars> for information and to register.

(Courtesy of CA Foundation for Ag in the Classroom)

AgExplorer's Virtual Field Trips

Teachers, Home Schools, FFA and 4-H community leaders! Check out AgExplorer's Virtual Field Trips, ongoing <https://www.discoveryeducation.com>.

National FFA and Discovery Education have teamed up to create career resources to help explore careers within agriculture. Utilize these virtual field trips to have your students gain a firsthand account of the diverse career opportunities within the agricultural industry.

(Courtesy of CA Foundation for Ag in the Classroom)

New Resource! Farm to You: Table Grapes



Explore the journey of Table Grapes from Farm to You with this newly-developed

resource. Agriculture surrounds us in California and it all starts with the sun. Today, 99 percent of U.S. table grapes are produced in California's warm, dry climate that is ideal for grape growing.

This featured resource, courtesy of CA Ag in the Classroom, illustrates the Farm to You process while including two lesson plans about grape production.

<https://cdn.agclassroom.org/ca/resources/farmyou/grape.pdf>

Contact the 48th DAA office for lessons and materials; call 909-865-4633 or email daa48th@aol.com.



Virtual Field Trips, Fun Activities You Can Do at Home!

by AGRIScapes, Cal Poly Pomona



There are six AWESOME lessons (plus a bonus lesson) you can do right at home and

you just might learn something new!

Visit <https://www.cpp.edu/~agriscapes/field-trips-virtual.html> to participate in these educational and fun activities.

Click on each lesson button to access the activities. Complete all the activities including the Quiz to earn a Badge. Once completed, you will receive a badge for each lesson that you can print out and place on your Junior Farmer Certificate; there will be six badges in all. Once you have received all six badges, you will be a certified Discovery Farm Junior Farmer! For extra incentive, be sure to check out the Bonus Lesson, "My Own Farm!"

(Courtesy of AGRIScapes, Cal Poly Pomona, Huntley College of Agriculture)



Did You Know?

The following are **Common Core Lesson Plans** available at the 48th DAA (Materials courtesy of CA Foundation for Agriculture in the Classroom)

Fruits & Vegetables for Health Grades 4–6

“Steer” Toward STEM, Careers in Animal Agriculture

Grades 3–5

Chemistry, Fertilizer and the Environment Grades 8–12 S

California Educator’s Guide to Fun with the Plant Nutrient Team Grades K–3

Edible Plant Parts Grades 2–3

From “STEM” to Plate: Careers in Food Science Grades 6–8

Too Much? Too Little? Grades 5–8

What do Plants Need to Grow? Grades 2–4

Stem Connections, Energy and Agriculture: Careers in Sustainable Energy, Grades 9–12

California Walnuts: A Walnut Orchard Through the Seasons, Grades 2–3

Food Safety: From Farm to Fork Grades 5–7

Alien Invader Detectives Grades 3–5

Bon à la Beef Grades 3–12

California Almonds: An Almond Story Grades 3–5

California Walnuts: The Importance of Grafting Grades 4–5

From Genes to Jeans II Grades 6–12

Come into the office or call us at **909-865-4633**. Lessons are free of charge; equipment, books, DVD's and videos can be borrowed.

The 48th also has Cotton's Journey Kits; Bread making kits; Trout in the Classroom supplies, and incubators to hatch chicks. Visit www.agfair.org for additional available lessons and materials.

The materials furnished by the 48th DAA are **free of charge** to teachers, in exchange for participation by teacher/students in the annual Schools' Agriculture and Nutrition Fair. Submit a minimum of one entry for each of the materials (projects) checked out from the 48th DAA office.

The 48th DAA is open year round and works with teachers from Pre K to 12th Grade. Teachers and parents – we look forward to meeting you!

The office is open Monday to Thursday; 8:30 a.m. to 5 p.m. (closed 12 to 1 p.m. for lunch). Friday, please call ahead at **909-865-4633**.